



THE SOUTHERN AFRICAN CHRISTIAN SCHOOLS' SPORTS ASSOCIATION

034-141 NPO
Postnet Suite 273
Private Bag X5091
Brits, 0250
Fax: 086 502 8664
Cell: 082 563 8519 [Johan]
E-mail: johan@sacssa.co.za



13 November 2024

Regional Co-ordinators

Please take note and forward to all your schools. Thanks

Dear Principal and Swimming Co-ordinator

SACSSA INVITATIONAL SWIMMING GALA – 2025

Event

The SACSSA Invitational Swimming Gala 2025, will be an open event for any swimmer who reaches the qualifying standard.

Date

Saturday **29** March 2025

Venue

Durban, but the actual pool still needs to be finalized.

Events and Qualifying Standards

Included, please find the document **SACSSA INVITATIONAL GALA 2025 – AGE GROUPS, EVENTS AND QUALIFYING STANDARDS**. The Qualifying Standards will be applicable to all swimmers.

Please note that a swimmer may not represent 2 different age groups, except in the Open Events.

Schools may use a 25m pool to determine the Qualifying Times for their own swimmers

SACSSA Entry Format

Entries are made per School, or Zone [KZN]. Entries are done by using the **Hy Tek Team Manager Lite Programme**. More information on the use of this free computer programme, will be sent out at a later date.

Entries may also be made by using the **Excel Entry Form**, [attached]

All entries for **Swimmers and Officials** must reach the SACSSA National Office, **on or before 17 March 2025**.

Officials List [see included]

Every School/Zone shall supply one official for every four swimmers [Team Managers must not be included in this ratio]

School Team Managers

Schools/Zones with 10 or more swimmers, may supply the name of one Team Manager that will be regarded as an official that will be catered for.

School Supervisors

Schools are welcome to provide School Supervisors to assist the Team Manager. Although SACSSA cannot cater for such School Supervisors, schools are welcome to enter the names on the Officials List, provided that a catering fee of R140.00 per person will be charged to the School's account.

Provisional Programme [see included]

Entry Fees and Payment

The Entry Fee is determined by the regional co-ordinators.

SACSSA Schools, will pay their Entry Fees into their own Regional Account.

Schools that are not members of SACSSA will pay their Entry Fees directly into the SACSSA National Account. The SACSSA National Account details will be provided individually to every school.

Gate Fee

The help us to cover costs, a Gate Fee of R20.00 per adult spectator, will be charged.

Relays

All the relays will be done as **Mixed Relays [2 boys and 2 girls]**

A swimmer may not represent 2 different age groups in a specific Relay Event. This means that Sarah de Jager, may not swim in the 10 – 13 Mixed Freestyle Ladder Relay and again in the 14 – 19 Mixed Freestyle Ladder Relay.

Included, please find the **Relay Entry Forms**.

Format of the Championships

Timed Finals Seeding.

(STANDARD SEEDING) The fastest swimmers/relays are assigned lanes alternating left/right starting in the centre of the pool. In an 8 lane pool, the lanes typically would be assigned 4-5-3-6-2-7-1-8 with the fastest entry in the heat in lane 4 and the slowest in lane 8. This type of seeding is used for one round events and for the final round of a multi-round event.

Finally

We are looking forward to this new format of SACSSA Invitational Swimming and we believe it will help to push up the number of swimmers.

SACSSA 4 LIFE

Johan du Plessis [SACSSA National Co-ordinator]