

Age Grouping for 2025

World Athletics Rule TR 3.1

(Summary) :- The Age Categories of Age Group athletes are taken as the **YEAR OF BIRTH**.
Athletes younger and or older than the recognized Age groups are ineligible to participate.

World Athletics since 2019

previously known as

Years of Birth

As will be published on
Programs & Documents

(For the purpose of entry forms & Versus

Enter as per the highlighted age)

Age 6

6

2019 **ONLY**

Age 7

7

2018 **ONLY**

Age 8

8

2017 **ONLY**

Age 9

9

2016 **ONLY**

Age 10

10

2015 **ONLY**

Age 11	11	2014 ONLY
Age 12	12	2013 ONLY
Age 13	13	2012 ONLY
Age 14	14	2011 ONLY
Under 16 (U16)	Sub-Youth – 15	2010 ONLY
Under 18 (U18)	Youth – 17	2008 & 2009 ONLY
Under 20 (U20)	Junior – 19	2006 & 2007 ONLY