

SACSSA NATIONAL ATHLETICS POLICY - 2025

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SACSSA NATIONAL ATHLETICS POLICY

GENERAL

This Policy must be read in conjunction with the SACSSA National Policy

1. SACSSA NATIONAL ATHLETICS MANAGEMENT & ATHLETICS COMMITTEE

The SACSSA Athletics Committee shall consist of the National Athletics Management [National Athletics Co-opted Member and the National Co-ordinator] plus the appointed Committee Members. [see Addendum B]

The new Athletics Committee shall be appointed, as soon as possible after the National Athletics Championships and all the reports have been submitted.

Regions will be asked to submit the names of knowledgeable people to serve on the Athletics Committee, with the understanding that Regions that do not have such people, will not be forced to submit names.

The National Board may also co-opt members to the Athletics Committee

The SACSSA National Athletics Co-opted Member, shall be appointed by the National Board, while the National Co-ordinator is the appointed full-time employee.

The National Athletics Management, shall be responsible for compiling various documents, such as Suggested Amendments to the SACSSA National Athletics Policy; Suggested SACSSA National Athletics Events and Qualifying Standards; Suggested National Athletics Programme & Suggested National Athletics Rules & Regulations

The above documents shall be made available to the Athletics Committee for comments, after which they will be made available to the SACSSA National Board for final approval, or suggested amendments.

Once approved by the National Board, these documents will be posted on the SACSSA National website: www.sacssa.co.za

2. REGIONAL ENTRIES AND QUALIFYING STANDARDS

There is no limit to the number of athletes that a Region can enter per event, on the condition that they have all reached the National Qualifying Standard.

An athlete may enter for a maximum of **four individual events**.

All entries must be done on the Versus Edit Team File. Should this file not be available for whatever reason, then entries may be made on the SACSSA Excel Entry Form.

All entries submitted must reflect the athlete's date of birth and performances produced to enter the championships, for the purpose of defaulting age groups as well as seeding (especially in Sprint events where heats are to be competed for and Field events where the better athletes are seeded correctly, according to the draw rules) Entries received without performances, will not be seeded and will be drawn accordingly.

3. PROOF OF DATE OF BIRTH

It is the responsibility of **every school** to compile a file, with relevant documents, pertaining to every participant's date of birth. **This file shall be handed to the Regional Team Manager, before the competition starts.**

The Regional Management shall produce such a document, on request by the Board of Appeal.

4. AGE GROUPS

It is the responsibility of the Province/Region to ensure that athletes are entered in the correct age groups.

Athletes may only compete in a higher age groups, for specific events, if the specific event or a similar event is not offered in his/her own age group. In total, an athlete may not compete in more than four events.

Should an Official Appeal be lodged concerning a specific athlete's age group, the Regional Management shall be required to produce a copy of the athlete's birth certificate, or ID document. Should the Regional Management be unable to produce such a document, the athlete may be disqualified

Should it be found that the athlete was entered in the incorrect age group, the athlete will be disqualified from all events at the specific meeting [prior to the incident as well as thereafter].

This is applicable only to older athletes, competing in a younger age group. Younger athletes may decide to compete in an older age group.

5. ENTRIES

The Due Date for all Regional/Provincial Entries to reach the **National Co-ordinator**, is **Monday 15 September**. Once the Regional Co-ordinator is satisfied that all the schools have checked their entries, he/she shall forward the Team File to the National Office and from there it shall go to the Computer Official.

A Final Check may be requested.

6. TEAM REPORTS & FINAL CHECK

Once all the entries have been received by the Event Organiser, a Team Report will be compiled and returned to the Provinces/Regions. It is the responsibility of the Provincial/Regional Co-ordinator or appointed person to ensure that all the entries are correct. It is strongly recommended that the Team Reports be sent to the individual schools in the Province/Region and they should be given the responsibility to ensure that their athletes are entered correctly. **At this stage only corrections or medical withdrawals shall be made.**

All Final Checks must be completed by Tuesday 23 September.

Amendments to the entries made by the Regions **after the Final Deadline Date**, shall be regarded as **Late Amendments**, and shall be penalized in accordance with the stipulations as in Addendum A, unless a medical certificate or proof of family trauma can be produced.

At least one Team Manager from every team, **must** attend the Team Managers' Meeting, on **25 September. Final Team Lists, Numbers and Start Sheets will be handed out during this meeting.**

Should there still be any mistakes discovered during the meeting, mistakes will be corrected as far as possible, until 2 hours before the specific event, provided that the additional fee of R100.00 per change is paid in cash.

7. RELAYS

Entries for **all** the Relay Events must be submitted by **16h30** on the day **before** the event starts. Minor name changes may be made up to two hours before the scheduled time of the specific Relay Event.

Such name changes may only be made under the following conditions:

- a. The athlete originally entered did not turn up at the meeting.
- b. The original athlete was injured or became ill.
- c. Circumstances beyond control forced the original athlete to withdraw.

Any changes to the original names must be done in writing and brought to the attention of the Meeting Manager, not less than 2 hours before the event, with the required information of the new runner/s

All Relay Entries must be submitted on the Official Relay Entry Form, as provided by the management.

a) **Swedish Relays**

Each Province/Region may enter more than one 1000m **Swedish** Relay Team in **each** of the age groups 15, Youth & Junior for Male and Female separately. These Teams are made up from a 100m, a 200m, a 300m & a 400m athlete. **Athletes may not compete in more than one relay team**

b) **Shuttle Mixed Relays**

Each Region may enter more than one 4 x 80m Mixed Shuttle Relay Team, in the age groups 7, 8 & 9.

2 Males & 2 Females per Team. The order in which they compete, shall be up to the Region.

Athletes may not compete in more than one relay team.

c) **4 x 100m Relays**

Each Region may enter more than one 4 x 100m Mixed Relay Team, in the age groups 10 and up.

2 Males & 2 Females per Team. The order in which they compete, shall be up to the Region

Athletes may not compete in more than one relay team

8. **BUDGET**

The First Draft of the Budget, shall be compiled by the National Office and will be based on the Financial Report of the previous year after which input shall be made by various parties involved in the organising and financial matters of the National Athletics. The Budget shall be updated from time to time, with the understanding that the Entry Fees and Gate Fees must be made available at **least 30 days** before the National Championship date. The National Board shall ratify the budget before it is finally accepted.

9. **ENTRY FEES**

Provinces/Regions will be invoiced on the Final Entries.

Entry Fees for withdrawals after the Final Check, are still payable.

10. **OFFICIALS & TEAM MANAGERS**

Every Region/Province is required to supply a certain number of officials, depending on their distance from the venue as well as their expected number of entries. As the Nationals is in Pietermaritz, the officials per Region are as follows:

Eastern Province [2]

Free State [10]

G7 [20]

Gauteng [20]

Kwa Zulu Natal [45]

Limpopo [4]

Magalies [10]

Mpumalanga [15]

Vaal West [10]

Western Province [2]

Zimbabwe [2]

Namibia [2]

Botswana [2]

Any other Neighbouring Countries [1]

Should Regions fail to supply the correct number of officials, they will pay a stipulated fee in order to afford the hiring of additional officials from elsewhere.

The names of the officials are required **on or before the Due Date** as stipulated on the National Calendar or as amended.

Officials that do not report for duty is seen as a very serious offence and are penalized in the same manner as athletes who do not report. It is the responsibility of every Region to ensure that their officials are checked and that they are aware of their duties.

Team Managers

Every Region must have at least 2 Team Managers. Larger Regions can have up to a maximum of 4.

Although SACSSA caters for the official Team Managers, they must not be counted as part of the officials that a Region must supply.

School Supervisors

Regions may supply School Supervisors to assist the Team Managers and are not counted as part of the officials.

Should Schools wish SACSSA to cater for the School Supervisors, it can be done at a cost of R140.00 per person per day. In this case the names of the School Supervisors must be supplied on the Officials List under the special heading of School Supervisors. This catering does not include the aQuellé sponsored water.

11. CATERING TO THE OFFICIALS

Only officials [Team Managers included] as well as **School Supervisors, who have requested catering at the stipulated fee, of R140.00 per day**, and guests, whose names appear on the Final List of Officials, will be catered for.

12. GATE FEE [see Addendum A]

A Gate Fee of **R20.00 per adult spectator per day** will be payable. This does not include the officials, whose names will appear on the Final Officials' List, of which a copy will be provided to the Gate Officials.

Programmes and all Competition Information will be supplied on the special website that will be created. That means that no programmes will be sold at the Gate.

13. PROVINCIAL/REGIONAL COLOURS

All athletes are required to wear Provincial/Regional Colours that will identify the specific Province/Region of the athlete.

During the Opening Ceremony, athletes must be dressed in their Provincial/Regional Tracksuits, or athletics attire if Tracksuits are not available.

The wearing of SACSSA National Kit or any other kit, **not specified** by the Province/Region, will not be allowed and could result in a disqualification.

14. DRESS CODE FOR OFFICIALS AND ATHLETES

a) Officials

Officials to be dressed in the Lime Green SACSSA Official Shirt and. Navy or Black Long Pants, Shorts or Skirts. Certain Key Officials and Competition Management will wear a different colour Golf Shirt so that they can easily be identified. These different colour Golf Shirts will be supplied by SACSSA.

b) Athletes

Athletes to wear Official Provincial/Regional Tracksuit (or Specified Kit) during the March Past and Prize Giving.

Athletes to wear Official Provincial/Regional Kit when competing. Cycle shorts will be allowed. Girls may **NOT** wear “Crop-Tops” or “Hot Pants” as competition kit. (This kit, however may be worn under the Specified Competition Kit [check with management first]) Athletes not complying to the specified dress code will be sent back to rectify the problem, before they will be allowed to participate.

15. REPORTING FOR AN EVENT

Athletes are required to report to their Team Managers, **at least 2 hours prior to their event**, in order to be marked as present and to ensure that they appear on the Start Sheet.

16. CLASHING OF EVENTS

Due to the large number of events over a wide range of age groups that SACSSA offers, it may happen that an athlete is entered for events that over-lap.

If this is the case then it is the responsibility of the athlete to inform his/her Team Manager of the problem. It will then be the Team Manager’s responsibility to report the situation to the Call Room Officials, who will in turn report the matter to the Event Officials. An athlete who is busy with a Field Event while he/she is required for a Track Event, must inform the official of the situation and must report for the Track Event. After completing the Track Event, the athlete must be allowed to proceed with the Field Event. Specific details on this rule can be found in the IAAF Competition Rules.

17. WITHDRAWING FROM AN INDIVIDUAL EVENT

An athlete present at the Championships, that wishes to withdraw from a specific event, must do so through the Regional Team Manager, by completing an Official Event Withdrawal Form and paying a Withdrawal Fee per event, as stipulated. (see Addendum A)

Failure to complete such an Event Withdrawal Form, will result in a penalty (see Addendum A)

Should an athlete wish to withdraw for medical reasons, then a written Medical Report, issued by the Appointed Medical Officer, must be handed in to the Meeting Manager. In such a case no Withdrawal Fee is payable.

18. CORRECTIONS DURING THE CHAMPIONSHIPS

There are no “**On the Spot Entries**”, meaning that an athlete cannot suddenly decide to take part in an event for which he/she was not entered.

An athlete whose name does not appear on the Start Sheet, **due to a mistake by any of the officials**, will only be allowed to enter for an event, after an **Additional Entry Form**, supplied and signed by one of the Help Desk Officials as well as the specific Team Manager and after paying the Additional Entry Fee as stipulated, in cash. [see Addendum A]

Such mistakes must be reported **at least 2 hours** before the specific event, to the Management.

19. APPEALS

An athlete may lodge a Verbal Appeal to the relevant officials at the point of competitions if he/she feels that a mistake has been made. (This must be done immediately it is noticed and must be handled in an appropriate manner by the athlete and officials) Should the athlete not accept the ruling of the relevant officials, he may request that the appeal is heard by the relevant referee. (within 5 minutes of the indiscretion happening) Should the athlete not be satisfied with the verdict of the referee, then a Written Appeal may be lodged.

Any Written Appeals, of whatever nature, shall be lodged by the Official Team Manager **only**, on the Official Appeal Form and must be accompanied by the Appeal Fee (see addendum A) within 30 minutes after the display of the results of the event concerning the appeal. The appeal

will be heard and discussed by the Appeals Committee that will be nominated before the meeting. The Appeals Committee shall consist of at least two National Board Members, together with the specific Officials, that will be nominated.

Appeals will be dealt with **before** any medal presentations are made for the specific event in question.

20. FAILURE TO PARTICIPATE

An athlete will be penalized under the following conditions:

- a. A FINAL confirmation has been given that the athlete would start the event, but then failed to participate
- b. The athlete has qualified from preliminaries (heats) for further participation or in a final, but then failed to participate.

The provision of a valid medical certificate, signed by the authorized Medical delegate at the competition or valid medical certificate handed to the Meeting manager prior to the commencement of the event, will be the only means accepted

Should an athlete, who has qualified for the finals, wish to withdraw, this must be done via the Team Manager, who will convey the decision to the Meeting Manager, within 30 minutes after the athletes for the finals have been displayed.

SACSSA is authorized to apply the “No Show” rule as per the SACSSA policy, should any athletes who has accepted his/her entry for the Finals, not show up for the event and could be removed from participation in further events on the program, and/or brought before a hearing, where possible disqualification could take place.

The Meeting Management shall have the option of inviting another athlete to participate.

21 HEATS AND FINALS [TRACK EVENTS ONLY]

1. If 8 or fewer athletes have entered for a Track Event, the heat shall fall away and the athletes shall proceed directly to the Final.
2. If there are more than 4 heats in an event, a Semi-Final round will be scheduled, with a maximum of 3 Semi-Finals. Qualification to the Semi-Finals shall consist of the winner of each heat, plus the next fastest times across all heats to fill the required number of semi-final places. From the Semi-Finals to the Final (maximum of 8 athletes):
 - With **2 Semi-Finals**, the first **3 athletes** in each semi shall qualify automatically, with the next **2 fastest times** advancing.
 - With **3 Semi-Finals**, the first **2 athletes** in each semi shall qualify automatically, with the next **2 fastest times** advancing.
3. In circumstances where the accuracy or quality of seeding times is deemed questionable, the Event Management reserves the right to alter the qualification process. In such cases, instead of “winners plus fastest times,” the **fastest overall times sufficient to fill the required Semi-Final or Final fields** may be taken directly through.
4. Timed Finals shall be applicable in all 7, 8 & 9 year old events, as well as all events from 400m and longer.
5. All 800m Events shall start in lanes and cut in at the 300m mark, where cones will be placed.

If 8 or less athletes have entered for a Track Event, **then the heat shall fall away and the athletes shall proceed to the finals.**

If more than 8 athletes have entered, then Heats and Finals will be scheduled in certain track events and the following athletes from the Heats, will qualify for the Finals:

1. First position in each heat plus remainder on best times, up to a maximum of 8 athletes.
2. Should there be, for whatever reason, more than 8 heats, then the best 8 winners of each heat shall qualify.

Timed Finals shall be applicable in all 7, 8 & 9 year old events as well as all events from 400m and longer.

All 800m Events shall start in lanes and cut in at the 300m mark, where cones will be placed.

22. DETERMINING THE POSITIONS IN ALL TRACK EVENT

The Electronic Photo Finish determines the finishing positions. Hand Timing and Finish Judges are used as a back-up to the Electronic Photo Finish and these may be called upon when needed.

23. OWN IMPLEMENTS

Athletes who want to use their own implements, shall hand these in **two hours before the specific event, to the Technical Official**. The athlete shall mark the implement by means of a note fastened securely with elastic and with the following information:

Name and Surname of Athlete.

Age group and Gender

Region and School

Event Number and Time of the Event.

Such implements shall be made available to **all other athletes** entered for the specific event.

This rule excludes **Starting Blocks, Turbo Javs and Cricket Balls**, where it is compulsory for all athletes to use the supplied equipment.

Starting Blocks are optional for 7 – 9 year olds and compulsory for 10 – U/20 year olds. Any athlete in the 7-9 year age group, wearing spikes, must use Starting Blocks. The Starting Blocks, provided by the Management/Stadium must be used.

24. CRICKET BALL THROW

In Cricket Ball Throw [G & B 7] the athletes shall use a normal throwing action. The maximum run-up distance shall be 5m. The weight is 135g. The Cricket Balls provided by the Management must be used.

25. TURBO JAV RUN-UP DISTANCES

In the Turbo Jav Events, athletes **are not allowed to use their own implements**.

The athletes shall be allowed the following maximum run-up distances:

G & B 8 & 9 = 8m

G & B 10 & 11 = 12m

26. FALSE START RULE

The IAAF FALSE START Rule (162.4) will be in effect, with the following specific amendments for SACSSA Athletes:

Any athlete [age 14 and above] deemed causing a False Start by the Starters may be disqualified, although the Starters can allow a second start if, in their opinion it can be justified.

Athletes in the age groups 7 to 13, shall all receive a warning after a first False Start. Should any athlete be guilty of a second False Start, then that specific athlete shall be disqualified.

27 ELECTRONIC & COMMUNICATION DEVICES

Rule 144.2 [d] An athlete will be disqualified if found in possession of any electronic devices

[Cell phone, CD player, Tape Player, I-Pod, MP3, Heart Rate Monitors, Pacing devices, Smart Watch of any kind or any other communication device] whilst in the Competition Area and/or in Competition.

28. PERFORMANCE TABLE

SACSSA will use the **latest update of the ASA Performance Table**, which is available on the Versus Computer Programme.

29. RESULTS

The results of all events can be viewed on www.sacssaathletics.co.za and a live Competition Website that will be announced nearer to the event.

30. TOP TEN CERTIFICATES

A certificate will be awarded to the Top Ten athletes in each of the 6 age categories. These positions will be determined by adding all the Performance Points together for all the events that the athlete took part in.

Certificates for the Top Ten Individual Performances will also be awarded.

Only performances achieved in the Finals and in the top eight positions will be taken into consideration for the Top Ten Certificates.

The Certificate Winners will be identified during the final prize giving, but the certificates will be issued at a later stage.

The top athlete in each of the above four categories, shall automatically also be the Victor and Victrix Ludorums.

31. TROPHY WINNERS

All individual trophies will be awarded on the basis of the Performance Table.

Only performances achieved in the Finals will be taken into consideration for the trophies.

31.1 Junior Victrix Ludorum

- The highest total Versus performance points (all events added together) achieved by a female athlete, in the age groups between 10 – 13

31.2 Junior Victor Ludorum

- The highest total performance points (all events added together) achieved by a male athlete, in the age groups between 10 – 13

31.3 Senior Victrix Ludorum

- The highest total performance points (all events added together) achieved by a female athlete, in the age groups between 14 – 19.

31.4 Senior Victor Ludorum

- The highest total performance points (all events added together) achieved by a male athlete, in the age groups between 14 - 19

31.5 Best Individual Event

- The highest performance point for a single event (any event, any age group between 10 - 19, any gender) achieved by an athlete.

32. PROVINCIAL/REGIONAL SHIELDS

32.1 Performance Shield

Three separate shields will be awarded in this category.

1. Small Regions [20 – 70 entries]

2. Medium Regions [71 – 150]

3. Large Regions [151 and more]

The Province/Region achieving the highest average ASA performance per athlete (total Versus performance points achieved by the Region, in all finals [top 8 places only], divided by the number of athletes participating in the Finals)

A Region with less than **20** athletes entered for the Championships, will not be considered for any of these shields.

32.2 Total Points Shield

The Province/Region with the highest number of position points, as awarded for a position in every event. Only positions during the Finals will be taken into consideration for this award.

33. SACSSA NATIONAL TEAM

A SACSSA National Team will be selected to take part in the AVT/SACSSA National Challenge on 25 October, in Sasolburg. The name of this event may change, depending on sponsorships.

The Age Groups for this event, are 7, 9, 11, 13, 15, 17, 19. The Events will be similar to the SACSSA National Events with a few exceptions. The full document EVENTS AND AGE GROUPS will be sent out.

SACSSA will select as far as possible 3 athletes in each event. Athletes may be selected from a younger age groups, if the performance is better than the athletes in the stipulated age groups and if the event can be compared directly [eg same distance or same implement weight] The ASA Performance Table, may be used to assist the selection process.

34. SACSSA NATIONAL COLOURS

SACSSA Athletes must take part in the AVT/SACSSA National Challenge, in order to earn SACSSA National Colours.

Full SACSSA Colours consist of:

SACSSA National Tracksuit & Honour Scroll [not compulsory]

SACSSA National Vest

Navy blue shorts. These shorts must be obtained by the Athlete at a convenient store.

35. POLICY UPDATE

This Policy may be updated from time to time, and it is the responsibility of all people involved with SACSSA Athletics to check the SACSSA website regularly to see whether there has been any updates.

36. TIME SCHEDULES

Specific **Time Schedules**, pertaining to the SACSSA National Championships for a specific year, shall be compiled by the National Athletics Management. These times will appear on the National Programme that will be sent out.

37. POPIA Consent and Media Policy

To All Participating Schools and Parents,

As part of our commitment to transparency, safety, and compliance with the **Protection of Personal Information Act (POPIA)**, the following conditions apply to all athletes and schools participating in the **2025 SACSSA National Athletics Championships**:

Media Consent & Filming Notice

By entering the 2025 SACSSA National Athletics Championships, **parents/guardians are required to give consent** for their child to be **filmed and photographed** during the event.

If consent is not granted, the athlete must be withdrawn from the event. This is necessary to ensure full POPIA compliance, as media recording will be taking place throughout the event.

Photography & Broadcast Details

SACSSA and its appointed photographers will be capturing:

- **Action photographs**
- **Award presentations**
- **Live broadcast footage on the YouTube Channel**

Please note:

- **No names or personal identifiers** will be attached to published images or footage.

Safeguarding & Responsibility

The safeguarding and protection of all athletes and officials will be coordinated through:

A designated Safety & Liaison Officer appointed by SACSSA

A responsible safeguarding representative from each school (or parent, for individual entries)

Each school/ Individual Member is required to sign assurance [on the day of the event] that **POPIA requirements** have been followed internally, including securing all necessary media consents from parents

Addendum A

SACSSA NATIONAL ATHLETICS FEES & PENALTIES – 2025

All Full Member Athletes' Entry Fee [7 – 19]	R130.00 / athlete
Athletes from neighbouring countries	R130.00 / athlete
Associate Members	R350.00 / athlete
Excel Entries [to be paid additionally]	R10.00 / athlete extra
Gate Fee – Adult spectators per day	R20.00 / adult spectator
Late Team Entries [officials & athletes] - after deadline date	R100.00 [per Region/day]
Late Withdrawal from the Meeting – after Final Deadline Date	R100.00 [per event]
Late Changes to the entries – after deadline date	R100.00 [per event]
Late Changes during the event [if possible]	R100.00 cash per change
“No Show” Fee [Official]	R400.00 [per day]
Withdrawing from an event without a medical note	R100.00 [per event]
Failure to complete an Event Withdrawal Note [including Finals]	R100.00 [per event]
Appeal Fee	R300.00 [per event]
Failure to provide the required number of officials	R300.00 [per official/day]
Non-standards Dress Code	R50.00 [per athlete or official]

Addendum B

SACSSA NATIONAL ATHLETICS COMMITTEE – 2025

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