



THE SOUTHERN AFRICAN CHRISTIAN SCHOOLS' SPORTS ASSOCIATION

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Dear Principal, Sport Co-ordinator and Swimming Coach

SACSSA INVITATIONAL INTER-SCHOOL SWIMMING GALA – 2026

You are hereby cordially invited to enter your swimmers for the SACSSA Inter-School Swimming Gala, which is scheduled for **Saturday 28 March** at the Curro Hillcrest Swimming Pool [Cnr Inanda Rd & JF Bailes Dr, Hillcrest, KZN]

Events and Qualifying Standards

Included, please find the document **SACSSA INTER-SCHOOL GALA 2026 – AGE GROUPS, EVENTS AND QUALIFYING STANDARDS**. The Qualifying Standards will be applicable to **all swimmers**.

Please note that a swimmer may **not** represent 2 different age groups, except in the Open Events.

Schools may use a 25m pool to determine the Qualifying Times for their own swimmers

Entry Format

Entries are made **per School**. Entries are done by using the **Hy Tek Team Manager Lite Programme**. More information on the use of this free computer programme, will be sent out at a later date.

Excel Entry Form

Entries may also be made by using the **Excel Entry Form**, [attached]

All entries must reach the SACSSA National Office, **on or before 16 March 2026**.

Provisional Programme [see attached]

Entry Fees and Payment

As communicated by your regional co-ordinator

There is no limit to the number of events that a swimmer may enter.

Invoices will be sent out as soon as all entries are finalized. Fees must be paid as one amount per school.

Gate Fee

The help us to cover costs, a **Gate Fee of R20.00 per adult spectator, will be charged.**

Relays

All the relays will be done as **Mixed Relays [2 boys and 2 girls]**

A swimmer may **not** represent 2 different age groups in a specific Relay Event. This means that Sarah de Jager, may not swim in the 10 – 13 Mixed Freestyle Ladder Relay and again in the 14 – 19 Mixed Freestyle Ladder Relay.

Included, please find the **Relay Entry Forms**.

Format of the Championships

Timed Finals Seeding.

(STANDARD SEEDING) The fastest swimmers/relays are assigned lanes alternating left/right starting in the centre of the pool. In an 8 lane pool, the lanes typically would be assigned 4-5-3-6-2-7-1-8 with the fastest swimmer in lane 4 and the slowest in lane 8. This type of seeding is used for one round events and for the final round of a multi-round event.

All events are Timed Finals

Medals and Trophies

Lovely SACSSA Medals will be awarded to the Top 3 Swimmers in each event.

SACSSA Trophies will be awarded to the following swimmers:

1. Junior Victrix Ludorum [Female between age 10 to 13]
2. Junior Victor Ludorum [Male between age 10 to 13]
3. Senior Victrix Ludorum [Female between age 14 to 19]
4. Senior Victor Ludorum [Male between age 14 to 19]
5. Best Individual Event [Either Gender and any Age]
6. Best School Trophy. Awarded to the school with the highest number of Hy Tek Points combined for all the swimmers from a single school.

All calculations to determine the Trophy Winners will be done using the Hy Tek Individual Age Scoring System.

Finally

We are looking forward to host your swimmers for this unique SACSSA Inter-School Swimming Gala.

SACSSA 4 LIFE

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