

# SACSSA INVITATIONAL INTER-SCHOOL SWIMMING GALA

**28 MARCH 2026**

**EXCEL PROGRAMME [Updated 17/11/25]**

**VENUE: CURRO HILLCREST KZN**

05h30	EVENT CO-ORDINATOR
06h00	GATE OFFICIALS AND SECURITY TO REPORT
06h30	CATERERS TO REPORT
<b>06h30</b>	<b>ALL CORRECTIONS TO BE MADE, UNTIL 07h45. NO CORRECTIONS AFTER 07h45</b>
07h30	SWIMMERS MAY WARM-UP
07h30	FIRST AID AND LIFE SAVERS REPORT
07h45	OFFICIALS' REFRESHMENTS
<b>07h45</b>	<b>ALL CORRECTIONS CLOSE</b>
08h15	TEAM MANAGERS' & OFFICIALS' MEETING
08h35	ALL SWIMMERS CLEAR THE POOL
08h40	MARSHALLING - (EVENT 1, 2, 3 & 4)
08h50	WELCOME & PRAYER OPENING
09h00	FIRST EVENT

## SESSION 1

Ev Nr	Age Group	Timed Finals Normal Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
1	G 13/U	200m IM	<b>03:44.00</b>	02:39.40	Carmen le Roux	KZN	2011
2	G 19/U	200m IM	<b>03:29.00</b>	02:28.89	Carmen le Roux	KZN	2014
3	B 13/U	200m IM	<b>03:27.00</b>	02:37.36	Jaiden Staines	Gaut	2016
4	B 19/U	200m IM	<b>03:08.00</b>	02:17.79	Ruben Smit	Mag	2022

**BREAK & MEDALS - 20 MIN [EVENTS 1 - 4]**

Ev Nr	Age Group	Timed Finals Standard Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
5	G 10	50m Butterfly	<b>00:54.00</b>	00:38.04	Annschen Olivier	Gaut	2004
5	G 11	50m Butterfly	<b>00:51.00</b>	00:37.69	Jesse Olivier	Gaut	2009
5	G 12	50m Butterfly	<b>00:49.00</b>	00:33.88	Tagan Marques	VW	2012
5	G 13	50m Butterfly	<b>00:47.00</b>	00:33.29	Carmen le Roux	KZN	2011
5	G 14	50m Butterfly	<b>00:46.00</b>	00:31.75	Xanthe Nagel	Mag	2022
5	G 15	50m Butterfly	<b>00:44.00</b>	00:32.36	Kerry Pfiffner	G7	2005
5	G 16	50m Butterfly	<b>00:44.00</b>	00:29.84	Tanya Pieterse	Mag	2015
5	G 17-19	50m Butterfly	<b>00:44.00</b>	<b>00:31.03</b>	<b>Nadine du Preez</b>	<b>FS</b>	<b>2025</b>
6	B 10	50m Butterfly	<b>00:52.00</b>	00:38.11	Matthew Smith	KZN	2009
6	B 11	50m Butterfly	<b>00:49.00</b>	00:35.88	Evan Fair	Gaut	2010
6	B 12	50m Butterfly	<b>00:46.00</b>	00:34.42	Evan Fair	Gaut	2011
6	B 13	50m Butterfly	<b>00:43.00</b>	00:31.47	Jaiden Staines	Gaut	2016
6	B 14	50m Butterfly	<b>00:41.00</b>	00:30.29	Pieter du Preez	FS	2011
6	B 15	50m Butterfly	<b>00:39.00</b>	00:28.85	Pieter du Preez	FS	2012
6	B 16	50m Butterfly	<b>00:39.00</b>	00:28.55	Jacey Bekker	Mpl	2016
6	B 17-19	50m Butterfly	<b>00:39.00</b>	<b>00:26.15</b>	<b>Armand Landmann</b>	<b>FS</b>	<b>2025</b>

Ev Nr	Age Group	Timed Finals Standard Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
7	G 10	100m Freestyle	<b>01:48.00</b>	01:18.84	Bailey Held	KZN	2017
7	G 11	100m Freestyle	<b>01:42.00</b>	01:15.12	Bailey Held	KZN	2018
7	G 12	100m Freestyle	<b>01:38.00</b>	01:07.85	Dieu-Dene v Jaarsveld	G7	2017
7	G 13	100m Freestyle	<b>01:34.00</b>	01:05.75	Dieu-Dene v Jaarsveld	G7	2018
7	G 14	100m Freestyle	<b>01:30.00</b>	01:03.39	Michelle Weber	KZN	2010
7	G 15	100m Freestyle	<b>01:28.00</b>	01:04.98	Nadine du Preez	FS	2009
7	G 16	100m Freestyle	<b>01:28.00</b>	01:02.56	Carmen le Roux	KZN	2014
7	G 17-19	100m Freestyle	<b>01:28.00</b>	<b>01:02.68</b>	<b>Julie Landmann</b>	<b>FS</b>	<b>2025</b>

Ev Nr	Age Group	Timed Finals Standard Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
8 B 10		100m Freestyle	01:46.00	01:15.96	Matthew Smith	KZN	2009
8 B 11		100m Freestyle	01:38.00	01:12.34	Evan Fair	Gaut	2010
8 B 12		100m Freestyle	01:32.00	01:08.73	Evan Fair	Gaut	2011
8 B 13		100m Freestyle	01:26.00	01:04.49	Bjorn Mhalanga	G7	2019
8 B 14		100m Freestyle	01:22.00	01:03.75	Pieter du Preez	FS	2011
8 B 15		100m Freestyle	01:18.00	00:58.83	Pieter du Preez	FS	2012
8 B 16		100m Freestyle	01:18.00	00:57.28	Liam Devenish	G7	2012
8 B 17-19		100m Freestyle	01:18.00	00:53.53	Armand Landmann	FS	2025

**BREAK & MEDALS - 20 MIN. [EVENTS 5 - 8]**

Ev Nr	Age Group	Timed Finals Standard Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
9 G 10		50m Breaststroke	01:02.00	00:46.52	Kerryn Grenfell	KZN	2003
9 G 11		50m Breaststroke	01:00.00	00:42.85	Carmen le Roux	KZN	2009
9 G 12		50m Breaststroke	00:56.00	00:39.41	Lauren Blennerhasset	G7	2015
9 G 13		50m Breaststroke	00:54.00	00:38.08	Carmen le Roux	KZN	2011
9 G 14		50m Breaststroke	00:52.00	00:37.45	Carmen le Roux	KZN	2012
9 G 15		50m Breaststroke	00:50.00	00:37.91	Nicola de Lange	KZN	2009
9 G 16		50m Breaststroke	00:50.00	00:37.80	Tanya Pieterse	Mag	2015
9 G 17-19		50m Breaststroke	00:50.00	00:37.58	Ashleigh Dawson	G7	2013
10 B 10		50m Breaststroke	01:01.00	00:44.90	Alan Neat	KZN	2005
10 B 11		50m Breaststroke	00:56.00	00:38.86	Alan Neat	KZN	2006
10 B 12		50m Breaststroke	00:53.00	00:39.44	Jaiden Staines	Gaut	2015
10 B 13		50m Breaststroke	00:50.00	00:34.67	Jaiden Staines	Gaut	2016
10 B 14		50m Breaststroke	00:47.00	00:35.95	Ben Watermeyer	G7	2004
10 B 15		50m Breaststroke	00:45.00	00:34.73	Werner Joubert	G7	2001
10 B 16		50m Breaststroke	00:45.00	00:30.74	Ruben Smit	Mag	2022
10 B 17-19		50m Breaststroke	00:45.00	00:32.69	Sthembiso Zwane	KZN	2012

Ev Nr	Age Group	Timed Finals Standard Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
11 G 10		100m Backstroke	02:02.00	01:32.45	Annschen Olivier	Gaut	2004
11 G 11		100m Backstroke	01:54.00	01:27.24	Bailey Held	KZN	2018
11 G 12		100m Backstroke	01:49.00	01:19.41	Dieu-Dene v Jaarsveld	G7	2017
11 G 13		100m Backstroke	01:45.00	01:18.12	Dieu-Dene v Jaarsveld	G7	2018
11 G 14		100m Backstroke	01:43.00	01:15.89	Michelle Weber	KZN	2010
11 G 15		100m Backstroke	01:38.00	01:14.69	Nadine du Preez	FS	2009
11 G 16		100m Backstroke	01:38.00	01:12.19	Hailey Mcharg	G7	2022
11 G 17-19		100m Backstroke	01:38.00	01:12.78	Kayleigh Theron	G7	2022
12 B 10		100m Backstroke	01:58.00	01:29.77	Matthew Smith	KZN	2009
12 B 11		100m Backstroke	01:50.00	01:23.86	Alan Neat	KZN	2006
12 B 12		100m Backstroke	01:43.00	01:22.65	Evan Fair	Gaut	2011
12 B 13		100m Backstroke	01:37.00	01:14.20	Neil Fair	Gaut	2010
12 B 14		100m Backstroke	01:32.00	01:14.52	Luke Berry	Gaut	2019
12 B 15		100m Backstroke	01:28.00	01:03.93	Christiaan v Eeden	Mag	2022
12 B 16		100m Backstroke	01:28.00	01:06.54	Dagyn Davis-Hannibal	G7	2017
12 B 17-19		100m Backstroke	01:28.00	01:04.05	Armand Landmann	FS	2025

**BREAK & MEDALS - 20 MIN [EVENTS 9 - 12]**

MIXED FREESTYLE LADDER RELAY TO REPORT				RECORD		
13	10 - 13	4x50m Mixed Freestyle Ladder Relay		02:26.3	KZN	2020
14	14 -19	4x50m Mixed Freestyle Ladder Relay		01:53.7	Mag	2022

**BREAK & MEDALS DURING LUNCH BREAK [EVENTS 13 & 14]**

**BRUNCH [± 40 min]**

<b>SESSION 2</b>
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Ev Nr	Age Group	Timed Finals Standard Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
15	G 10	50m Freestyle	00:50.00	00:35.66	Kerryn Grenfell	KZN	2003
15	G 11	50m Freestyle	00:47.00	00:33.90	Jenna Kronholm	KZN	2013
15	G 12	50m Freestyle	00:45.00	00:31.05	Tagan Marques	VW	2012
15	G 13	50m Freestyle	00:44.00	00:30.19	Kerryn Grenfell	KZN	2006
15	G 14	50m Freestyle	00:42.00	00:30.09	Michelle Weber	KZN	2010
15	G 15	50m Freestyle	00:41.00	00:29.97	Chrizalda Smit	Mpl	2009
15	G 16	50m Freestyle	00:41.00	00:29.19	Tanya Pieters	Mag	2015
15	G 17-19	50m Freestyle	00:41.00	00:27.91	<b>Julie Landmann</b>	<b>FS</b>	<b>2025</b>
16	B 10	50m Freestyle	00:48.00	00:34.31	Matthew Smith	KZN	2009
16	B 11	50m Freestyle	00:45.00	00:32.80	Alan Neat	KZN	2006
16	B 12	50m Freestyle	00:42.00	00:32.15	Evan Fair	Gaut	2011
16	B 13	50m Freestyle	00:40.00	00:28.74	Bjorn Mhlanga	G7	2019
16	B 14	50m Freestyle	00:38.00	00:28.32	Kye Hall	KZN	2010
16	B 15	50m Freestyle	00:36.00	00:26.70	Luke Berry	Gaut	2020
16	B 16	50m Freestyle	00:36.00	00:26.17	Liam Devenish	G7	2012
16	B 17-19	50m Freestyle	00:36.00	00:23.97	<b>Armand Landmann</b>	<b>FS</b>	<b>2025</b>

Ev Nr	Age Group	Timed Finals Standard Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
17	G 10	100m Breaststroke	02:13.00	01:41.13	Kerryn Grenfell	KZN	2003
17	G 11	100m Breaststroke	02:07.00	01:30.90	Carmen le Roux	KZN	2009
17	G 12	100m Breaststroke	02:01.00	01:25.98	Carmen le Roux	KZN	2010
17	G 13	100m Breaststroke	01:56.00	01:21.00	Carmen le Roux	KZN	2011
17	G 14	100m Breaststroke	01:52.00	01:20.22	Carmen le Roux	KZN	2012
17	G 15	100m Breaststroke	01:49.00	01:24.28	Clarice le Roux	KZN	2011
17	G 16	100m Breaststroke	01:49.00	01:23.71	Nicola Murray	KZN	2006
17	G 17-19	100m Breaststroke	01:49.00	01:22.47	Carmen le Roux	KZN	2014
18	B 10	100m Breaststroke	02:11.00	01:37.08	Alan Neat	KZN	2005
18	B 11	100m Breaststroke	02:02.00	01:25.88	Alan Neat	KZN	2006
18	B 12	100m Breaststroke	01:54.00	01:27.55	Jaiden Staines	Gaut	2015
18	B 13	100m Breaststroke	01:47.00	01:16.00	Jaiden Staines	Gaut	2016
18	B 14	100m Breaststroke	01:41.00	01:20.13	Ruylee Barnes	KZN	2024
18	B 15	100m Breaststroke	01:37.00	01:17.93	<b>Ruylee Barnes</b>	<b>KZN</b>	<b>2025</b>
18	B 16	100m Breaststroke	01:37.00	01:16.45	Grant McNeil	KZN	2009
18	B 17-19	100m Breaststroke	01:37.00	01:13.60	Darius Jooste	VW	2004

<b>BREAK &amp; MEDALS - 20 MIN [EVENTS 15 - 18]</b>
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Ev Nr	Age Group	Timed Finals Standard Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
19	G 10	50m Backstroke	00:56.00	00:41.28	Annschen Olivier	Gaut	2004
19	G 11	50m Backstroke	00:53.00	00:40.32	Bailey Held	KZN	2018
19	G 12	50m Backstroke	00:51.00	00:36.78	Dieu-Dene v Jaarsveld	G7	2017
19	G 13	50m Backstroke	00:49.00	00:36.07	Allison Marx	G7	2016
19	G 14	50m Backstroke	00:48.00	00:35.37	Stephanie Baigrie	G7	2017
19	G 15	50m Backstroke	00:46.00	00:34.33	Nadine du Preez	FS	2009
19	G 16	50m Backstroke	00:46.00	00:32.40	Tanya Pieters	Mag	2015
19	G 17-19	50m Backstroke	00:46.00	00:33.66	<b>Julie Landmann</b>	<b>FS</b>	<b>2025</b>
20	B 10	50m Backstroke	00:56.00	00:40.33	Joshua Cooke	G7	2015
20	B 11	50m Backstroke	00:52.00	00:38.94	Alan Neat	KZN	2006
20	B 12	50m Backstroke	00:49.00	00:37.65	Evan Fair	Gaut	2011
20	B 13	50m Backstroke	00:46.00	00:34.39	Neil Fair	Gaut	2010
20	B 14	50m Backstroke	00:44.00	00:34.48	Pieter du Preez	FS	2011
20	B 15	50m Backstroke	00:42.00	00:32.22	Dillon Poole	G7	2006
20	B 16	50m Backstroke	00:42.00	00:30.17	Liam Devenish	G7	2012
20	B 17-19	50m Backstroke	00:42.00	00:28.89	<b>Armand Landmann</b>	<b>FS</b>	<b>2025</b>

Ev Nr	Age Group	Timed Finals Normal Seeding	Qualifying Standard	SACSSA Record	Current Record Holder	Reg	Year Set
21	G 13/U	100m Butterfly	<b>01:42.00</b>	01:13.09	Kerryn Grenfell	KZN	2006
22	G 19/U	100m Butterfly	<b>01:35.00</b>	01:08.41	Carmen le Roux	KZN	2014
23	B 13/U	100m Butterfly	<b>01:33.00</b>	01:15.06	Pieter du Preez	FS	2010
24	B 19/U	100m Butterfly	<b>01:25.00</b>	01:01.62	Pieter du Preez	FS	2013

**BREAK & MEDALS - 20 MIN [EVENTS 19 - 24]**

**MIXED MEDLEY RELAY TEAMS TO REPORT**

			Record		Reg	Year
25	10 - 13	4x50m Mixed Medley Relay	02:51.0		KZN	2020
26	14 -19	4x50m Mixed Medley Relay	02:25.1		G7	2020

**BREAK & MEDALS - 20 MIN [EVENTS 25 & 26]**

± <b>15h30</b>	<b>INDIVIDUAL TROPHIES</b>	Completion times may be changed once the Final Programme is done.
± <b>16h00</b>	<b>CLOSING</b>	

**THANK YOU FOR PARTICIPATING IN THE  
SACSSA INVITATIONAL INTER-SCHOOL GALA.  
DRIVE SAFELY AND MAY GOD BLESS YOU RICHLY.**