



PROGRAM

Performance Scores: XSA 2024 table, Electronic Time, Height above sea=685

Seq	Time	Pit	Event	Category	Next	Spec
START OF DAY 1						
1	08:30		Final Girls U16 Hammer			3kg
2	09:00		Final Girls 14 HighJump			
3	09:00		Final Boys 14 HighJump			
4	09:00		Final Girls 12 LongJump			
5	09:00		Final Boys 12 LongJump			
6	09:00		Final Girls U16 3000m Combined Events 6 & 7			
7	09:00		Final Women U18 3000m Combined Events 6 & 7			
8	09:00		Final Boys U16 Hammer			4kg
9	09:00		Final Girls 13 Javelin			500g
10	09:00		Final Girls 11 Shotput			2kg
11	09:00		Final Boys 11 Shotput			2kg
12	09:00		Final Girls 10 TurboJavelin			
13	09:20		Final Boys U16 3000m Combine Events 13, 14 & 15			
14	09:20		Final Men U18 3000m Combined Events 13, 14 & 15			
15	09:20		Final Men U20 3000m Combined Events 13, 14 & 15			
16	09:30		Final Women U18 Hammer			3kg
17	09:40		Final 1 of 4 Girls 07 60m		(No final)	
17	09:40		Final 2 of 4 Girls 07 60m		(No final)	
17	09:40		Final 3 of 4 Girls 07 60m		(No final)	
17	09:40		Final 4 of 4 Girls 07 60m		(No final)	
18	09:54		Final 1 of 3 Boys 07 60m		(No final)	
18	09:54		Final 2 of 3 Boys 07 60m		(No final)	
18	09:54		Final 3 of 3 Boys 07 60m		(No final)	
19	10:00		Final Men U18 Hammer			5kg
20	10:01		Final 1 of 5 Girls 08 60m		(No final)	
20	10:01		Final 2 of 5 Girls 08 60m		(No final)	
20	10:01		Final 3 of 5 Girls 08 60m		(No final)	
20	10:01		Final 4 of 5 Girls 08 60m		(No final)	
20	10:01		Final 5 of 5 Girls 08 60m		(No final)	
21	10:16		Final 1 of 3 Boys 08 60m		(No final)	
21	10:16		Final 2 of 3 Boys 08 60m		(No final)	
21	10:16		Final 3 of 3 Boys 08 60m		(No final)	
22	10:25		Final 1 of 5 Girls 09 60m		(No final)	
22	10:25		Final 2 of 5 Girls 09 60m		(No final)	
22	10:25		Final 3 of 5 Girls 09 60m		(No final)	
22	10:25		Final 4 of 5 Girls 09 60m		(No final)	
22	10:25		Final 5 of 5 Girls 09 60m		(No final)	
23	10:30		Final Girls U16 HighJump			
24	10:30		Final Boys U16 HighJump			
25	10:30		Final Women U18 LongJump			
26	10:30		Final Men U18 LongJump			
27	10:30		Final Girls 07 CricketBall			
28	10:30		Final Women U20 Hammer			4kg
29	10:30		Final Boys 12 Javelin			500g

**Meeting :AQUELLE SACSSA T&F NATIONAL CHAMPIONSHIPS 2026**
2026/09/25 to 2026/09/26 at MSUNDUZI STADIUM (PMB)

30	10:40	Final 1 of 4 Boys 09 60m	(No final)
30	10:40	Final 2 of 4 Boys 09 60m	(No final)
30	10:40	Final 3 of 4 Boys 09 60m	(No final)
30	10:40	Final 4 of 4 Boys 09 60m	(No final)
31	10:54	Heat 1 of 4 Girls 10 80m	(Final=98)
31	10:54	Heat 2 of 4 Girls 10 80m	(Final=98)
31	10:54	Heat 3 of 4 Girls 10 80m	(Final=98)
31	10:54	Heat 4 of 4 Girls 10 80m	(Final=98)
32	11:00	Final Men U20 Hammer	6kg
33	11:06	Heat 1 of 4 Boys 10 80m	(Final=99)
33	11:06	Heat 2 of 4 Boys 10 80m	(Final=99)
33	11:06	Heat 3 of 4 Boys 10 80m	(Final=99)
33	11:06	Heat 4 of 4 Boys 10 80m	(Final=99)
34	11:18	Heat 1 of 3 Girls 11 80m	(Final=100)
34	11:18	Heat 2 of 3 Girls 11 80m	(Final=100)
34	11:18	Heat 3 of 3 Girls 11 80m	(Final=100)
35	11:27	Heat 1 of 3 Boys 11 80m	(Final=101)
35	11:27	Heat 2 of 3 Boys 11 80m	(Final=101)
35	11:27	Heat 3 of 3 Boys 11 80m	(Final=101)
TRACK OFFICIALS BREAK - aQuellé' Prize Challenge			
36	12:00	Final Women U20 HighJump	
37	12:00	Final Men U20 HighJump	
38	12:00	Final Girls U16 LongJump	
39	12:00	Final Boys U16 LongJump	
40	12:00	Final Boys 07 CricketBall	
41	12:00	Final Girls 13 Discus	0.75kg
42	12:00	Final Women U18 Shotput	3kg
43	12:00	Final Men U18 Shotput	5kg
44	12:15	Heat 1 of 3 Girls 12 100m	(Final=102)
44	12:15	Heat 2 of 3 Girls 12 100m	(Final=102)
44	12:15	Heat 3 of 3 Girls 12 100m	(Final=102)
45	12:24	Heat 1 of 3 Boys 12 100m	(Final=103)
45	12:24	Heat 2 of 3 Boys 12 100m	(Final=103)
45	12:24	Heat 3 of 3 Boys 12 100m	(Final=103)
46	12:33	Heat 1 of 3 Girls 13 100m	(Final=104)
46	12:33	Heat 2 of 3 Girls 13 100m	(Final=104)
46	12:33	Heat 3 of 3 Girls 13 100m	(Final=104)
47	12:42	Heat 1 of 3 Boys 13 100m	(Final=105)
47	12:42	Heat 2 of 3 Boys 13 100m	(Final=105)
47	12:42	Heat 3 of 3 Boys 13 100m	(Final=105)
48	12:51	Heat 1 of 3 Girls 14 100m	(Final=106)
48	12:51	Heat 2 of 3 Girls 14 100m	(Final=106)
48	12:51	Heat 3 of 3 Girls 14 100m	(Final=106)
49	13:00	Heat 1 of 3 Boys 14 100m	(Final=107)
49	13:00	Heat 2 of 3 Boys 14 100m	(Final=107)
49	13:00	Heat 3 of 3 Boys 14 100m	(Final=107)
50	13:09	Heat 1 of 3 Girls U16 100m	(Final=108)
50	13:09	Heat 2 of 3 Girls U16 100m	(Final=108)
50	13:09	Heat 3 of 3 Girls U16 100m	(Final=108)

**Meeting :AQUELLE SACSSA T&F NATIONAL CHAMPIONSHIPS 2026**
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51	13:18	Heat 1 of 4 Boys U16 100m	(Final=109)
51	13:18	Heat 2 of 4 Boys U16 100m	(Final=109)
51	13:18	Heat 3 of 4 Boys U16 100m	(Final=109)
51	13:18	Heat 4 of 4 Boys U16 100m	(Final=109)
52	13:30	Final Girls 13 HighJump	
53	13:30	Final Boys 13 HighJump	
54	13:30	Heat 1 of 3 Women U18 100m	(Final=110)
54	13:30	Heat 2 of 3 Women U18 100m	(Final=110)
54	13:30	Heat 3 of 3 Women U18 100m	(Final=110)
55	13:30	Final Boys 14 Discus	1kg
56	13:30	Final Girls 12 Javelin	500g
57	13:30	Final Boys 10 TurboJavelin	
58	13:39	Heat 1 of 5 Men U18 100m	(Semi Final=87)
58	13:39	Heat 2 of 5 Men U18 100m	(Semi Final=87)
58	13:39	Heat 3 of 5 Men U18 100m	(Semi Final=87)
58	13:39	Heat 4 of 5 Men U18 100m	(Semi Final=87)
58	13:39	Heat 5 of 5 Men U18 100m	(Semi Final=87)
59	13:54	Heat 1 of 3 Men U20 100m	(Final=113)
59	13:54	Heat 2 of 3 Men U20 100m	(Final=113)
59	13:54	Heat 3 of 3 Men U20 100m	(Final=113)
TRACK OFFICIALS BREAK - aQuellé' Prize Challenge			
60	14:30	Final Girls 07 600m	
61	14:40	Final Boys 07 600m	
62	14:50	Final Girls 08 600m	
63	15:00	Final Women U18 HighJump	
64	15:00	Final Men U18 HighJump	
65	15:00	Final Girls 14 LongJump	
66	15:00	Final Boys 14 LongJump	
67	15:00	Final Boys 08 600m	
68	15:00	Final Men U20 Discus	1.75kg
69	15:00	Final Boys U16 Javelin	600g
70	15:00	Final Girls 13 Shotput	3kg
71	15:00	Final Boys 13 Shotput	4kg
72	15:00	Final Girls 11 TurboJavelin	
73	15:10	Final Girls 09 600m	
74	15:20	Final Boys 09 600m	
75	15:35	Final Girls 10 1200m	
76	15:45	Final Boys 10 1200m	
77	15:55	Final Girls 11 1200m	
78	16:05	Final Boys 11 1200m	
79	16:15	Final Girls 12 1200m	
80	16:25	Final Boys 12 1200m	
81	16:30	Final Boys U16 TripleJump	
82	16:30	Final Women U20 Discus	1kg
83	16:30	Final Girls U16 Javelin	500g
84	16:30	Final Girls 14 Shotput	3kg
85	16:30	Final Boys 14 Shotput	4kg
86	16:30	Final Boys 11 TurboJavelin	
87	16:35	Semi Final 1 of 2 Men U18 100m	(Final=111)

**Meeting :AQUELLE SACSSA T&F NATIONAL CHAMPIONSHIPS 2026**
2026/09/25 to 2026/09/26 at MSUNDUZI STADIUM (PMB)

87	16:35	Semi Final 2 of 2 Men U18 100m	(Final=111)
88	16:50	Final Girls 13 800m	
89	17:00	Final Boys 13 800m	
90	17:10	Final Girls 14 800m	
91	17:20	Final Boys 14 800m	
92	17:30	Final Girls U16 800m	
93	17:30	Final Boys 13 Discus	1kg
94	17:40	Final Boys U16 800m	
95	17:50	Final Women U18 800m	
96	18:00	Final Men U18 800m	
97	18:10	Final Men U20 800m	

TRACK OFFICIALS BREAK - Aquelle' Prize Challenge

98	18:30	Final Girls 10 80m	
99	18:33	Final Boys 10 80m	
100	18:36	Final Girls 11 80m	
101	18:39	Final Boys 11 80m	
102	18:41	Final Girls 12 100m	
103	18:45	Final Boys 12 100m	
104	18:49	Final Girls 13 100m	
105	18:53	Final Boys 13 100m	
106	18:57	Final Girls 14 100m	
107	19:01	Final Boys 14 100m	
108	19:05	Final Girls U16 100m	
109	19:09	Final Boys U16 100m	
110	19:13	Final Women U18 100m	
111	19:17	Final Men U18 100m	
112	19:21	Final Women U20 100m	
113	19:25	Final Men U20 100m	
114	19:40	Final Girls U16 1234 Swedish Relay	
115	19:45	Final Boys U16 1234 Swedish Relay	
116	19:50	Final Women U18 1234 Swedish Relay	
117	19:55	Final Men U18 1234 Swedish Relay	
118	20:00	Final Women U20 1234 Swedish Relay	
119	20:05	Final Men U20 1234 Swedish Relay	

END OF DAY 1 - REST WELL !!

**START OF DAY 2**

120	08:00	Final Girls 12 HighJump	
121	08:00	Final Boys 12 HighJump	
122	08:00	Final Girls 11 LongJump	
123	08:00	Final Boys 11 LongJump	
124	08:00	Final 1 of 2 Girls 14 400m	(No final)
124	08:00	Final 2 of 2 Girls 14 400m	(No final)
125	08:00	Final Women U18 Discus	1kg
126	08:00	Final Boys 13 Javelin	600g
127	08:00	Final Girls 10 Shotput	
128	08:00	Final Boys 10 Shotput	
129	08:00	Final Girls 09 TurboJavelin	
130	08:10	Final 1 of 2 Boys 14 400m	(No final)
130	08:10	Final 2 of 2 Boys 14 400m	(No final)
131	08:20	Final Girls U16 400m	
132	08:25	Final 1 of 2 Boys U16 400m	(No final)
132	08:25	Final 2 of 2 Boys U16 400m	(No final)
133	08:35	Final 1 of 2 Women U18 400m	(No final)
133	08:35	Final 2 of 2 Women U18 400m	(No final)
134	08:45	Final 1 of 2 Men U18 400m	(No final)
134	08:45	Final 2 of 2 Men U18 400m	(No final)
135	08:55	Final Women U20 400m	
136	09:00	Final 1 of 2 Men U20 400m	(No final)
136	09:00	Final 2 of 2 Men U20 400m	(No final)
137	09:15	Final 1 of 3 Girls 07 80m	(No final)
137	09:15	Final 2 of 3 Girls 07 80m	(No final)
137	09:15	Final 3 of 3 Girls 07 80m	(No final)
138	09:24	Final 1 of 3 Boys 07 80m	(No final)
138	09:24	Final 2 of 3 Boys 07 80m	(No final)
138	09:24	Final 3 of 3 Boys 07 80m	(No final)
139	09:30	Final Men U18 Discus	1.5kg
140	09:30	Final Girls 14 Javelin	500g
141	09:30	Final Girls 12 Shotput	3kg
142	09:30	Final Boys 12 Shotput	3kg
143	09:30	Final Girls 08 TurboJavelin	
144	09:33	Final 1 of 5 Girls 08 80m	(No final)
144	09:33	Final 2 of 5 Girls 08 80m	(No final)
144	09:33	Final 3 of 5 Girls 08 80m	(No final)
144	09:33	Final 4 of 5 Girls 08 80m	(No final)
144	09:33	Final 5 of 5 Girls 08 80m	(No final)
145	09:48	Final 1 of 3 Boys 08 80m	(No final)
145	09:48	Final 2 of 3 Boys 08 80m	(No final)
145	09:48	Final 3 of 3 Boys 08 80m	(No final)
146	09:57	Final 1 of 5 Girls 09 80m	(No final)
146	09:57	Final 2 of 5 Girls 09 80m	(No final)
146	09:57	Final 3 of 5 Girls 09 80m	(No final)
146	09:57	Final 4 of 5 Girls 09 80m	(No final)
146	09:57	Final 5 of 5 Girls 09 80m	(No final)

**Meeting :AQUELLE SACSSA T&F NATIONAL CHAMPIONSHIPS 2026**
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147	10:12	Final 1 of 5 Boys 09 80m	(No final)
147	10:12	Final 2 of 5 Boys 09 80m	(No final)
147	10:12	Final 3 of 5 Boys 09 80m	(No final)
147	10:12	Final 4 of 5 Boys 09 80m	(No final)
147	10:12	Final 5 of 5 Boys 09 80m	(No final)

TRACK OFFICIALS BREAK - aQuellé' Prize Challenge

148	11:00	Final Girls 13 LongJump	
149	11:00	Final Boys 13 LongJump	
150	11:00	Heat 1 of 4 Girls 10 100m	(Final=203)
150	11:00	Heat 2 of 4 Girls 10 100m	(Final=203)
150	11:00	Heat 3 of 4 Girls 10 100m	(Final=203)
150	11:00	Heat 4 of 4 Girls 10 100m	(Final=203)
151	11:00	Final Girls U16 Discus	1kg
152	11:00	Final Women U18 Javelin	500g
153	11:12	Heat 1 of 5 Boys 10 100m	(Semi Final=186)
153	11:12	Heat 2 of 5 Boys 10 100m	(Semi Final=186)
153	11:12	Heat 3 of 5 Boys 10 100m	(Semi Final=186)
153	11:12	Heat 4 of 5 Boys 10 100m	(Semi Final=186)
153	11:12	Heat 5 of 5 Boys 10 100m	(Semi Final=186)
154	11:27	Heat 1 of 3 Girls 11 100m	(Final=205)
154	11:27	Heat 2 of 3 Girls 11 100m	(Final=205)
154	11:27	Heat 3 of 3 Girls 11 100m	(Final=205)
155	11:36	Heat 1 of 3 Boys 11 100m	(Final=206)
155	11:36	Heat 2 of 3 Boys 11 100m	(Final=206)
155	11:36	Heat 3 of 3 Boys 11 100m	(Final=206)
156	11:50	Final TwoGdr 07 4x80m Relay	
157	11:55	Final TwoGdr 08 4x80m Relay	
158	12:00	Final TwoGdr 09 4x80m Relay	

TRACK OFFICIALS BREAK - Age 7 to 9 PRIZE GIVING - aQuellé' Prize Challenge

159	12:30	Final Girls 10 HighJump	
160	12:30	Final Boys 10 HighJump	
161	12:30	Final Women U20 LongJump	
162	12:30	Final Men U20 LongJump	
163	12:30	Heat 1 of 3 Girls 12 150m	(Final=207)
163	12:30	Heat 2 of 3 Girls 12 150m	(Final=207)
163	12:30	Heat 3 of 3 Girls 12 150m	(Final=207)
164	12:30	Final Girls 14 Discus	1kg
165	12:30	Final Men U18 Javelin	700g
166	12:30	Final Girls U16 Shotput	3kg
167	12:30	Final Boys U16 Shotput	4kg
168	12:30	Final Boys 09 TurboJavelin	
169	12:42	Heat 1 of 3 Boys 12 150m	(Final=208)
169	12:42	Heat 2 of 3 Boys 12 150m	(Final=208)
169	12:42	Heat 3 of 3 Boys 12 150m	(Final=208)
170	12:57	Heat 1 of 2 Girls 13 200m	(Final=209)
170	12:57	Heat 2 of 2 Girls 13 200m	(Final=209)
171	13:05	Heat 1 of 3 Boys 13 200m	(Final=210)
171	13:05	Heat 2 of 3 Boys 13 200m	(Final=210)

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171	13:05	Heat 3 of 3 Boys 13 200m	(Final=210)
172	13:17	Heat 1 of 2 Girls 14 200m	(Final=211)
172	13:17	Heat 2 of 2 Girls 14 200m	(Final=211)
173	13:25	Heat 1 of 2 Boys 14 200m	(Final=212)
173	13:25	Heat 2 of 2 Boys 14 200m	(Final=212)
174	13:33	Heat 1 of 2 Girls U16 200m	(Final=213)
174	13:33	Heat 2 of 2 Girls U16 200m	(Final=213)
175	13:41	Heat 1 of 3 Boys U16 200m	(Final=214)
175	13:41	Heat 2 of 3 Boys U16 200m	(Final=214)
175	13:41	Heat 3 of 3 Boys U16 200m	(Final=214)
176	13:53	Heat 1 of 3 Women U18 200m	(Final=215)
176	13:53	Heat 2 of 3 Women U18 200m	(Final=215)
176	13:53	Heat 3 of 3 Women U18 200m	(Final=215)
177	14:00	Final Girls 10 LongJump	
178	14:00	Final Boys 10 LongJump	
179	14:00	Final Boys U16 Discus	1kg
180	14:00	Final Boys 14 Javelin	600g
181	14:00	Final Women U20 Shotput	4kg
182	14:00	Final Men U20 Shotput	6kg
183	14:00	Final Boys 08 TurboJavelin	
184	14:05	Heat 1 of 4 Men U18 200m	(Final=216)
184	14:05	Heat 2 of 4 Men U18 200m	(Final=216)
184	14:05	Heat 3 of 4 Men U18 200m	(Final=216)
184	14:05	Heat 4 of 4 Men U18 200m	(Final=216)
185	14:21	Heat 1 of 4 Men U20 200m	(Final=218)
185	14:21	Heat 2 of 4 Men U20 200m	(Final=218)
185	14:21	Heat 3 of 4 Men U20 200m	(Final=218)
185	14:21	Heat 4 of 4 Men U20 200m	(Final=218)
186	14:37	Semi Final 1 of 2 Boys 10 100m	(Final=204)
186	14:37	Semi Final 2 of 2 Boys 10 100m	(Final=204)
TRACK OFFICIALS BREAK - aQuellé' Prize Challenge			
187	15:15	Final Girls 13 1500m	
188	15:25	Final Boys 13 1500m	
189	15:30	Final Girls 11 HighJump	
190	15:30	Final Boys 11 HighJump	
191	15:30	Final Boys 12 Discus	750g
192	15:30	Final Women U20 Javelin	600g
193	15:35	Final Girls 14 1500m	
194	15:45	Final Boys 14 1500m	
195	15:55	Final Girls U16 1500m	
196	16:05	Final Boys U16 1500m	
197	16:15	Final Women U18 1500m	
198	16:25	Final Men U18 1500m	
199	16:35	Final Men U20 1500m	
TRACK OFFICIALS BREAK - aQuellé' Prize Challenge			
200	17:00	Final Men U18 TripleJump	
201	17:00	Final Girls 12 Discus	0.75kg
202	17:00	Final Men U20 Javelin	800g

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203	17:10	Final Girls 10 100m
204	17:14	Final Boys 10 100m
205	17:18	Final Girls 11 100m
206	17:22	Final Boys 11 100m
207	17:30	Final Girls 12 150m
208	17:34	Final Boys 12 150m
209	17:42	Final Girls 13 200m
210	17:46	Final Boys 13 200m
211	17:50	Final Girls 14 200m
212	17:54	Final Boys 14 200m
213	17:58	Final Girls U16 200m
214	18:02	Final Boys U16 200m
215	18:06	Final Women U18 200m
216	18:10	Final Men U18 200m
217	18:14	Final Women U20 200m
218	18:18	Final Men U20 200m
219	18:30	Final TwoGdr 10 4x100m Relay
220	18:35	Final TwoGdr 11 4x100m Relay
221	18:40	Final TwoGdr 12 4x100m Relay
222	18:45	Final TwoGdr 13 4x100m Relay
223	18:50	Final TwoGdr 14 4x100m Relay
224	18:55	Final TwoGdr U16 4x100m Relay
225	19:00	Final TwoGdr U18 4x100m Relay
226	19:05	Final TwoGdr U20 4x100m Relay

END OF COMPETITION - Main Prize Giving